



THE BENEFITS THAT MANY PEOPLE HAVE REPORTED

Weekly, please check all that apply while taking Laminine.

SUGGESTED DOSAGE

Suggested For Adult Use:

As a dietary supplement, take 1-4 capsules a day.

OR

Suggested For Adult Use: UN2 BUDDY STUDY TRIAL

As a dietary supplement, take 2 capsules in the morning and 2 capsule at night for the first week. Take 1 capsule in the morning and 1 capsule at night for the second week. Take an OPTIONAL break for the third week. Then on the fourth week, continue taking 1 capsule in the morning and 1 capsule at night.

WEEK 1
2 : 2

WEEK 2
1 : 1

WEEK 3
0 : 0

WEEK 4
1 : 1

PHYSICAL OBSERVATIONS

- INCREASED ENERGY
- STRONGER NAILS
- REDUCED ACHES AND PAINS
- LOSS OF WEIGHT
- HEALTHIER HAIR
- LONGER WORKOUTS WITH LESS EFFORT
- WORKOUTS ARE EASIER
- HEALTHIER SKIN
- REDUCED SIGNS OF AGING

MEDICAL OBSERVATIONS

- IMPROVED BLOOD PRESSURE
- INCREASED GOOD CHOLESTEROL
- INCREASED LIBIDO
- IMPROVED BLOOD SUGARS
- DECREASED BAD CHOLESTEROL
- MEDICATION REDUCTION
- REDUCED SUGAR CRAVINGS
- INCREASED IMMUNITY

MENTAL OBSERVATIONS

- BETTER MEMORY
- HEADACHES ARE LESS SEVERE/FREQUENT
- MENTAL CLARITY
- BETTER FOCUS

OTHER OBSERVATIONS

- REDUCED SNACK CRAVINGS
- BETTER SLEEP
- MOOD ENHANCEMENT
- OVERALL WELL-BEING
- PERSONAL OBSERVATION
- OBSERVATIONS FROM OTHERS

DETAILED NOTES ON BEFORE/AFTER OBSERVATIONS:
